



# SACRED HEART CATHOLIC SCHOOL

455 Pigeon Avenue, Williams Lake, BC V2G 4R5

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## MESSAGE FROM THE PRINCIPAL

Dear Parents,

On behalf of the staff of Sacred Heart Catholic School, we welcome all of you to the 2019-2020 school year! I hope you all had a wonderful summer holiday filled with joy, love and laughter. We are very honoured that you entrust your children to our care.

I would like to take this time to welcome new and returning families and encourage all our families to take part in our school events. Together we will create joyful memories for our children to remember.

As we begin our year I would like to share some tips to start the school year and encourage you to have routines in place that will promote healthy learning:

- ◆ Set a specific bedtime so your child receives plenty of rest.
- ◆ Start the day with a nourishing breakfast.
- ◆ At least once a week, if not daily, clean out your child's backpack.
- ◆ Determine a set time and place where homework will be completed.
- ◆ Make frequent contact with your child's teacher via note, email, or visit.
- ◆ Celebrate success at all levels of learning (paying most attention to acts of compassion and service)
- ◆ Read to your child 15 minutes every day and limit screen time (video games, TV, etc.) during the week.
- ◆ Avoid media that is frightening to children as it causes them stress, which inhibits learning.
- ◆ Make sure your child arrives to school on time.
- ◆ Encourage curiosity by asking and answering lots of questions whenever and wherever you and your child might be.

I look forward to an exciting year and I am grateful to learn with your children every day.

May God bless you all and our school throughout this year and always.

Sincerely,

Vanessa Fer  
Principal



MEAL PROGRAM starts **Monday, Sept. 9**. Please pack your child a lunch for Sept 4 & 5.

"SECOND-HAND" UNIFORM CLOTHING will be on display on Sept 4 & 5 in our downstairs entrance. These uniforms can be purchased by donation.

# WELCOME TO OUR NEW AND RETURNING STAFF!

<b>Mrs. Vanesas Fer</b>	Principal, Music	<b>Mrs. Helena Holloway</b>	Education Assistant
<b>Mrs. Rhoda Fuller</b>	Kindergarten	<b>Mrs. Joslyn Gentles</b>	Education Assistant
<b>Mrs. Cara Fraser</b>	Grade 1	<b>Mrs. Debbie Reid</b>	Education Assistant
<b>Mr. Matt Hilbert</b>	Grade 2/3	<b>Mrs. Monica Hildebrand</b>	Education Assistant
<b>Mrs. Jane Wallace</b>	Grade 3/4	<b>Mrs. Debi Kosolofski</b>	Education Assistant
<b>Mrs. Tennille Davis</b>	Grade 5	<b>Ms. Kirby Rissanen</b>	Education Assistant
<b>Mrs. Claire Bertoli</b>	Grade 6/7	<b>Mrs. Kathy Pelchat-Henri</b>	Education Assistant
<b>Mrs. Cecilia Schaubroeck</b>	Learning Assistance		
<b>Mrs. Samantha Smith</b>	Library Technician, Classroom		
<b>Ms. Kalelin Kirk</b>	French, Religion, Classroom		
<b>Mrs. Leigha Holley</b>	After School Care Program	<b>Mrs. Brenda Rowley</b>	Cook
<b>Ms. Jessica Blaine</b>	After School Care Program	<b>Mrs. Maria Salazar</b>	Custodian
		<b>Mrs. Tara Sherlock</b>	Secretary

## MEDICAL



There was an orange **MEDICAL ALERT FORM** that was sent home with each child on the first day of school. Please complete this form and return it to the school ASAP.

At this time, we have no staff or students with significant peanut or nut allergies. Therefore, we are able to bring these items into the school.

## GRADING



Our school uses a web-based portfolio assessment tool called Freshgrade. This tool connects parents, teachers and students with the goal of better understanding, aiding, and communicating student learning and assessment. Freshgrade consent forms were signed upon registration for the 2019-2020 school year.

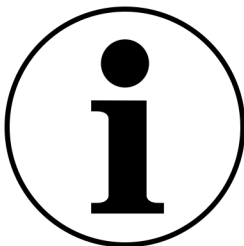
Download the Freshgrade app on your device. Within the first week of school, you will receive an “invitation” from the classroom teacher in your email (occasionally these invitation go into your junk mail). Follow the directions within this email to access your child’s Freshgrade portfolio through the app. If you have any questions, please contact the classroom teacher.



## TUITION

Families who are paying the full annual tuition this month please note that it is due by September 14th to take advantage of the 5% discount.

## SCHOOL INFORMATION



Monthly calendars and meal plan menus will continue to be sent home in hard copy. School calendars and newsletters/reminders will be sent out by email at least twice each month. If you have another email address that you would like to include on this newsletter email list, please contact the school office. Please advise the school of any changes in your name, address, phone number, or emergency contacts. It is important that the school have the most current information.

PLACES TO FIND INFORMATION:

Email & Freshgrade

School website: [www.sacredheartw.com](http://www.sacredheartw.com)

Sacred Heart Catholic School Families Facebook page

Office bulletin board

**SCHOOL OFFICE HOURS** Monday to Friday from 8:00am to 3:30pm (closed 1:00pm—1:30pm)

# REMINDERS & PROCEDURES

## OUR SCHOOL DAY

8:48 am	First tone: students line up at designated area, and teacher leads them into school
8:50 am	Second tone: class begins
10:30 am	Recess begins
10:42 am	First tone: students line up at designated area
10:45 am	Students enter and class begins
12:00 noon	Students go outside to play
12:26 pm	Students enter school and lunch begins
12:45 pm	Lunch time ends and class begins
2:50 pm	Dismissal

## DROP OFF & PICK UP AT OUR SCHOOL



**For the safety of all students,** please pull into a parking spot when you are dropping off and picking up students. Do not stop in the driveway or stop near the south entrance (hopscotch and basketball play area). Please advise any friends or relatives who may be picking up/dropping off your child. Please pick your children up promptly after they are dismissed from school.

### GATES

- The lower driveway (2nd Ave) is for bus student use only in the morning and will be blocked off from 8:00 to 9:00 am.
- The upper gates (Pigeon Ave) will be open in the morning until recess at 10:30 am.
- The upper gates will be locked from approximately 10:00 am until 12:30 pm. These gates are closed to ensure the safety of our children as they walk between the school and the lower playground.

## LATE & ABSENTEE PROCEDURES



### LATE:

- If you know in advance your child will be late, please call the school.
- Late students must check in at the office and get a late slip to take to their teacher.

### ABSENT:

- If your child is sick or will be absent please call the school in the morning and let us know.
- If you will be out of town, please let us know in advance.
- We must have a record of a phone call from a parent/guardian, or note with the date and reason for absence.

## TELEPHONE MESSAGES

We urge all parents and students to make after school arrangements **before** school begins to eliminate many of the phone messages. Students may use the office phone when necessary; however, the phone is not to be used to make after-school arrangements with friends. These plans should be made before arriving at school.

## SCHOLASTIC BOOK ORDERS

Each student will be receiving a Scholastic Book order form this week. The more books families buy, the more free books we get for our school library! When sending in **Scholastic orders please make cheques payable to Scholastic or send exact change.** We cannot always make change through the school office. Thank you to Erin Trott who will be coordinating these Scholastic books orders again for us this year!



## REMINDERS & PROCEDURES CONTINUED

### BUS INFORMATION

For safety reasons it is important that you contact the school office if your child's normal bus plan changes on a particular day. Please call the office early in the day to advise us of these changes.

#### BUS PROTOCOL REMINDERS:

Students walking to Marie Sharpe on the bus line are expected to:

- Walk in twos and stay together
- Walk on the sidewalk only
- Follow the instructions of the supervisors
- No electronics in use while in the bus line (no ear buds, no cell phones)

These rules are for the safety of all students who are walking to Marie Sharpe School to catch their bus home or students who are walking down to join the programs for Rec and Roll or Boys and Girls Club .



Failure to follow these rules can result in the student being suspended from traveling on the bus/bus line.

#### WE WOULD LIKE TO INVITE PARENTS...

Any parents interested in volunteering at the school for lunch time supervision, field trips, and special events are asked to please call the school office. All volunteers need a Criminal Records Check (CRC). This is a very easy process and there is no charge to you. Please contact the school office for more details. CRCs for volunteers must be completed every 5 years to keep up to date.

#### AFTER SCHOOL CARE PROGRAM

Please contact the school office if you would like to register for the after school care program. Drop in spots will be available as space allows. Payment must be made in advance. A snack will be provided.

Time: 2:50pm — 5:15pm.

Cost: \$16.00 day or \$265.00 for the month

#### RECYCLING



If you are able to help the school by taking our bottles & juice boxes to Amanda Enterprises (about every two weeks) we would greatly appreciate it. There is no sorting or counting necessary; help will only require dropping this recycling off.

If you have cans and bottles at home, please consider dropping them off at Amanda Enterprises on behalf of our school as we will receive the proceeds for these drop offs.

#### DEBIT & CREDIT CARDS

NEW TO OUR SCHOOL—In addition to cash and cheque payments, our school is now accepting debit and credit cards for payment!

## NOTE FROM OUR PARENT SUPPORT GROUP (PSG)

And just like that, September is here! The PSG would like to welcome all the new families to our Sacred Heart Catholic School community, and welcome back all the returning families for another great year!

We would like to thank all the outgoing PSG members from the 2018/2019 school year who volunteered their time and worked hard to make our school fundraisers and events extra amazing. Thank you!



### **Our new 2019-2020 Executive:**

Brandy Dickey - Chair  
Jolene Brolund - Vice-Chair  
Emily Wolbeck - Treasurer  
Ale Hilbert Torres - Secretary

### **What is the PSG (Parent Support Group)?**

We exist to provide support in the day to day operations of Sacred Heart. We run fundraisers, organize special events and work together to make sure students and staff feel supported and appreciated. In the past, we have hosted annual fundraising suppers in the fall, ran multiple movie nights & family dances, assisted with Catholic Schools Week & organized multiple smaller fundraisers like flower orders, bake sales & more! Please consider attending our meetings and joining in to share your talents and ideas to spearhead challenges and opportunities while supporting our Sacred Heart family.

### **When & Where does the PSG meet?**

The PSG meets once per month. Typically, meetings are at 7pm in the school library, although the time and location occasionally changes.

**OUR FIRST MEETING OF THE YEAR**  
**WEDNESDAY, SEPTEMBER 11 AT 7PM IN THE SCHOOL LIBRARY**  
**PLEASE JOIN US!**

## **FITNESS FRENZY**

Sacred Heart School students will once again be involved in Fitness Frenzy! Beginning next week, every school day first thing in the morning for the entire school year, we will all take part together in some stretching and some physical exercise to foster a healthy school community and encourage a healthy lifestyle. For the fall this will also help us prepare us for the Terry Fox Run and the cross country run. Please be sure to send your child to school in weather-appropriate clothing as most days we will be exercising outside.



## **GIFT CARDS**

Our school participates in a gift card fundraiser. This is a very easy way to support the school! We sell assorted values of the following cards: Tim Hortons, Starbucks, Save-On Foods, Real Canadian Wholesale Club, Safeway, Winners, Boston Pizza, Subway, Old Navy/Gap, & Chapters cards! For every card that we sell, our school earns 4—6%! Please consider purchasing gift cards from us.

## 50 Days of Reading

Beginning on Thursday September 5th entries for Sacred Heart's "50 Days of Reading" summer reading program will be accepted in the school library!

Bring your completed record from your "50 days of reading" to Mrs. Smith in the library during your regular library visit to claim a reward AND be entered to win one of three fabulous prize-packs. If you joined the BC Summer Reading Club at Williams Lake Library bring in your reading record (this will be returned to you). If you recorded your 50 days of reading elsewhere bring that record instead. If you are close to completing the 50 days know that September reading days (September 1st - 18th) may be added to your record to reach the goal of 50 days. Reading records must be shown to Mrs. Smith by Thursday September 19th at 4pm to be eligible for all prize draws. Thank you to everyone who read this summer!

## Sacred Heart Catholic School DRESS CODE POLICY

Students are required to wear the proper school clothing unless informed otherwise by the school. Parents have the responsibility to ensure that their child comes to school dressed in the proper clothing. The following is a list of approved clothing that can be worn during school hours. Please make sure your child is in dress code prior to arriving.

**PANTS MUST BE NAVY BLUE OR KHAKI. ALL SHIRTS MUST BE NAVY BLUE, WHITE OR MAROON.**

Collared polo shirts  
Long sleeve polo shirts  
Collared dress shirts  
Zip-up hooded sweatshirts  
Hooded sweatshirts  
Skorts & Jumpers  
Dress shorts (bermuda length)  
Cargo pants  
Uniform (dress) pants

### NOTES:

- ◆ Crested polo shirts, sweatshirts, hoodies and zip-ups are available through the school at reasonable prices.
- ◆ The school has a small supply of pants, shorts, skorts, and jumpers from Old Navy.
- ◆ If sweatshirts, hoodies or zip-ups are removed, suitable attire (dress code) must be underneath.
- ◆ Pants and tops must be a solid colour.
- ◆ **No logos or designs on clothing other than SHCS logo are allowed.** No sports pants, sweat pants, or jeans are permitted. Leggings are permitted, but they must be under a skort or dress.
- ◆ Gym strip is at teachers' discretion.
- ◆ All students must have non-marking **indoor runners** for PE classes and for in-school use.

### PLEASE PUT YOUR CHILD'S NAME ON ALL CLOTHING

#### Enforcement of the dress code:

Parents are responsible for having their child in dress code appropriate clothing.

If the child arrives at school and is not dressed according to this policy, the following steps will be taken:

- 1) Teacher will send a note home to parent informing them that their child was not in dress code.
- 2) Teacher will call parent and send home a copy of the dress code for parents to review.

# MARK YOUR CALENDAR!

## **NO SCHOOL—Friday, September 6**

School will not be in session on Friday, September 6. Our staff will be taking part in an administration day.

## **Grade 6/7 Gavin Lake Trip—September 9,10,11**

There is a mandatory parent meeting to be held on Wednesday, September 4. All forms and information for the Gavin Lake trip on September 9—11 will be reviewed in this meeting.

## **Williams Lake Harvest—Sept 7 and Sept 8**

The Sacred Heart Catholic School PSG is hosting a Concession Stand at the Williams Lake Harvest Fair on September 7 and 8 at Stampede Park. Come out and support our community! Support your school by having lunch with us!

## **Student Picture Day—Friday, September 13**

The photographer from Mountainwest Studio will be here on Friday, September 13 at 9:00 am to take individual student photos. Uniforms are optional on this day.

Things to know:

- For best photo results, please do not wear green-coloured clothing or solid white tops.
- Proofs will be sent home with your child approximately 2-3 weeks following this picture day. At this time you will then choose the pose and background and submit your order/payment to the school or online.
- If your child will not be in attendance on this day, there will be a second opportunity to have photos taken on the re-take day (date to be determined)

## **Welcome Back BBQ—Thursday, September 19, 5-7pm**

Mark your calendars! Details to come.

## **NO BUSES—Friday, September 20**

School buses are not running on Friday, September 20 as school district 27 is not in session on this day. Thank you for planning alternate transportation for your child.

## **Toonies for Terry—Friday, September 20**

Our school Terry Fox Run and fundraiser will take place on this day. Details to follow soon.

## **NO SCHOOL—Friday, September 27**

School will not be in session on Friday, September 27. Our teachers will be taking part in a Pro-D day.

## **Orange Shirt Day—Monday, September 30**

ORANGE SHIRT DAY is September 30. In recognition of residential school survivors, Sacred Heart will observe Orange Shirt Day on September 30. Our PSG has purchased orange shirts for all of our students! More information and details to come!