



## SACRED HEART CATHOLIC SCHOOL

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Dear Parents/Guardians,

In consideration of the Hallowe'en preparations that people appear to have already started, I would like you to please consider our school's traditions and views when choosing a costume for your child. Students **will be allowed to dress up on October 31<sup>st</sup>** throughout the school day. We ask that costumes are respectable and promote a fun and loving celebration. This would include fictional superheroes except for those that represent extremely violent or otherwise inappropriate individuals (e.g. anyone from an R-rated movie). For school, why not consider dressing up as a real-life hero such as a police officer, firefighter, doctor, etc.?

In general, we are asking that students do not dress in costumes that may be fearful to children and would oppose the views of our school. These include anything that would promote death, evil or negativity towards others, etc. Students dressed inappropriately will be asked to change.

In light of Hallowe'en or All Hollow's Eve, the Church's celebration of this time of year revolves around All Saints' Day (November 1<sup>st</sup>) and All Souls' Day (November 2<sup>nd</sup>). On Thursday, November 1<sup>st</sup>, we will be celebrating All Souls' and All Saints' Day. Each class will be researching a saint in preparation for our celebrations on that day and we will be going to Mass at 9am (on November 1).

Students may dress up like their favorite saint on Thursday, November 1<sup>st</sup>. An example would be dressing up as a carpenter like St. Joseph. I have attached a list of saints (with potential costume ideas) that may interest your child.

I ask that parents do their part to ensure that both All Saints' Day and Hallowe'en are celebrated and to help us continue this celebration in years to come.

I look forward to celebrating this time of the year with you and your children.

Sincerely,

Shirley Giroux  
Principal

## **DID YOU KNOW?**

*Halloween is the preparation and combination of two upcoming feasts, All Saints Day (November 1<sup>st</sup>), and All Souls Day (November 2<sup>nd</sup>). We celebrate these days for those who are in heaven and pray for those about to enter. The word "Saint" is used to describe all people in heaven.*

*In England, saints or holy people are called "hallowed," hence the name "All Hallow's Day." The evening, or "e'en" before the feast became popularly known as "All Hallows' Eve" or even shorter, "Hallowe'en."*

## **Costume Ideas for All Saints Day**

### **Girls**

**Doctor-** St. Gianna Beretta Molla. She was a modern doctor. Wear a white lab coat and stethoscope.

**Soldier-** St. Joan of Arc. Girl dressed in armor. Simple armor can be made from cardboard, duct tape, and aluminum foil. Armor can also be found at the Dollar Store around Halloween time.

**Maid-** St. Zita. Wear a simple dress, an apron, and a handkerchief in your hair. Carry a broom or a duster. Can also carry bread or roses in your apron.

**First Nations -** Blessed Kateri Tekakwitha. Dress in traditional First Nations garments and carry a cross made from 2 sticks tied together.

**Painter:** Saint Catherine of Bologna- Patroness of artists.

**Royalty:** Dress up like a queen or a princess saint! Put on a fancy dress and make yourself a crown.

- St. Isabella of Portugal- Queen of Portugal.
- St. Margaret- Queen of Scotland.
- Saint Olga of Kiev – First Queen of Ukraine

For many girl saint costumes, all you need is a dress, a veil, and the right props. Here are some ideas to get you going:

- Saint Agnes- Carry a stuffed lamb.
- Saint Veronica- Carry a veil with Jesus' face on it.
- Saint Genevive- Carry a candle.
- Saint Mary Magdelene- Wear a long wig and carry a bottle of perfume.
- Saint Lydia- Carry purple cloth.
- Saint Martha- Carry a broom.

Saint Elizabeth- Stuff your robes into a pregnant belly (baby St. John the Baptist).

Saint Theresa of Kolkata- Hint: use blue painter's tape for the stripes!

## **Boys**

### **Soldiers**

St. George- Dragon slaying saint. If you want to wear armor, but not wings or a crown.

St. Michael- Archangel. Wear armor, carry a sword, and you'll need some wings and sandals.

### **Royalty**

St. Henry- King of Burgundy. Wear a red cape and crown, and carry a sword.

St. Wenceslaus- Red cape, armor, and crown- this guy has it all!

**Firefighter**- St. Florian. You can put together an easy firefighter costume by putting strips of duct tape and electrical tape around the bottom of khaki pants. Add some red suspenders and a hat- you're ready to go!

**Viking/Pirate**- St. Olaf. So if you have a viking costume or a pirate costume, you're ready to go.

**Farmer**- St. Isadore. A farmer costume is easy to throw together at the last minute!

**Brown Robes**- These costumes start with a brown (preferably hooded) robe, a rope around the waist, and sandals.

- St. Francis of Assisi- brown robe.. Safety pin some stuffed animals around your robe, or a bird on your shoulder.
- St. Anthony- Patron saint of lost objects, so tape commonly lost objects (such as keys and tv remotes) around your robe.
- St. Rocco- Carry a stuffed dog.

### **Bishops**

- St. Nicholas- Wear a white beard and carry a little sac of chocolate coins. In a pinch, wear a Santa hat and a red sweat suit.
- St. Valentine-Wear red and carry a heart.
- St. Patrick- Wear green, and carry a shamrock.

**Biblical Saints**- Start with a basic "robe" costume with a rope tied around your waist, and wear sandals..

- St. Peter- Wear some keys tied to your belt.
- St. Joseph- He was a carpenter. Carry a hammer and ruler on your belt.
- St. James or St. John- Carry a string of fish or a fisher's net.
- St. Matthew- Carry a money bag since Jesus called him while he was a tax collector.
- St. Paul- Carry a sword and a book.
- St. Mark- His symbol is a winged lion. Pin a Lion stuffed animal onto your robes. You could even cut your lion some wings out of paper and tape them on.